



Monthly Newsletter for August 2017

Exterminator Schedule

Aug. 3 rd	Queen City Towers – Morning John F. Kennedy – Afternoon
Aug. 10 th	Jane Frazier Village, Buildings 7 – 17
Aug. 11 th	Jane Frazier Village, Buildings 1 – 6 & Banneker Gardens
Aug. 17 th	Fort Cumberland Homes

Free T-shirts from the Allegany County Health Department

The Cumberland Housing family developments were the lucky recipients of 300 free T-shirts from the Allegany County Health Department Tobacco Use and Cessation Department. T-shirts were handed out to youth at Jane Frazier Village, Fort Cumberland Homes and Banneker Gardens. There are a few more shirts available in Large and XL which may be picked up at the office on a first come, first serve basis. Proudly wear your commitment to being Smoke Free!



Kick-Off Event for National Night Out Against Crime

Monday, July 31st - Constitution Park

6:30 pm 8:00 pm - Free Swim
8:30 pm - Free Outdoor Movie
Disney Movie: *Finding Dory*
(Bring a blanket or lawn chair.)

Please be sure to join us for **Cumberland's 3rd Annual Night Out** - Americas National Night Against Crime.

Tuesday, August 1st
5:00 - 8:00 pm
Somerville Avenue

There will be demonstrations, activities, games, inflatable's, donut eating contest, free food & drinks, giveaways and more. Various services in the local area will also have a table set up. Hope to see all tenants out at the event.

Guest Speaker
Employment Specialist
Senior Community Service Employment
Program

Queen City Tower – August 3rd, at 2:00 p.m.
John F. Kennedy – August 16th, at 2:00 p.m.

Chap Richardson, Employment Specialist, will be at the hi-rises to speak about the purpose of the Senior Community Service Employment Program. This program is to assist unemployed low-income persons, age 55 and older, who are in need of new training and ultimately employment. The mission is three fold:

- To identify appropriate part-time training opportunities in community service;
- To empower low-income older persons to seek permanent employment;
- To educate employers as to the value of age diversity in the work place.

Participants are given a paid training assignment that corresponds with their employment goals. While in training, participants receive minimal wage for 20 hours a week. Wages are paid under the federal grant.

HOPE STATION Presentation

Learn What the HOPE STATION Offers
Queen City Tower –August 3rd at 2:30 p.m.
John F. Kennedy – August 16th, at 2:30 p.m.

All residents are invited to come see what the Hope Station offers to our community. Hope Station is a nonprofit organization to assist people who have mental health issues and it is free of charge. Do you like to paint ceramics, watch TV, make your own jewelry, play video games, etc? Then this is the place for you. We have so much fun and so much to do. We invite you to come and see what we have to offer. There are all age groups of people who attend from young adults to senior citizens. They all enjoy themselves and have made new friends. We invite you to come and enjoy yourself and make new friends as well. Please come down to the community room at the times and dates above to hear me, Dan Snyder, Program Director, share information with you about the Hope Station. If you would like more information about the program give us a call at 240-362-7168.



Resident Council Meetings

Resident Council Meetings at Queen City Tower and John F. Kennedy will not be held for the months of June, July, and August. They will resume in September.

Partnership For Affordable Foods (PAF)

(A lot of food for a small price!)

Queen City Tower will be collecting for the PAF program on **Friday, August 4, 2017, from 6 p.m. to 6:30 p.m., and on Monday, August 7, 2017, from 6 p.m. to 6:30 p.m.** in the community room. There is a \$7 donation in order to receive the food. Distribution will be on Thursday, **August 10, 2017**, at approximately 11:15 a.m. Residents who donate the \$7 must be in the community room by **11:45 A.M. on Thursday, August 10, 2017**, to pick up the PAF order or the items will be forfeited.

TEFAP – Free Government Foods

The food will arrive on Tuesday, August 1, 2017. It will be best to try to pick it up on August 2, 2017. The sooner you pick the food up after the 2nd the better chances you have of being able to get the food. You can pick up the TEFAP at the sites listed below. Call first before going to make sure they still have food available

Dan Snyder, Hope Station, 632 N. Centre Street ...
240-362-7168 ... Monday through Friday, noon - 5 pm

Interfaith Food Pantry (HRDC Head Start Building),
301 Cumberland Street ...
301-707-4445 ... Monday through Friday,
10 am to 3 pm

Karen Wells, Salvation Army, 701 East First Street ...
301-777-7600 ... Monday through Friday 9:00 am to 12
noon and 1pm to 3:30 pm

You will need to take with you your photo identification card or driver's license. You will need to sign a self declaration for proof of income and saying you will only get the food once a month from one agency. If you have any additional questions, please feel free to contact, Pama Wilson, Resident Service Coordinator, 301-722-7977 or 301-724-1544.

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.

Free Wills for Veterans

Serving those who protected us

Are you a veteran of the U.S. Armed Forces living in Allegany County?

Calls us today to see if you qualify for the free opportunity to have a simple will prepared by a Maryland volunteer attorney

**Sponsored by the
Allegany Law Foundation, Inc.**

Telephone: (301) 722-3390

A non-profit volunteer lawyer referral service
110 Greene Street, Cumberland • www.alleganylaw.com • info@alleganylaw.com
Executive Director, Melissa Buskirk • Administrative Assistant, Kelsey Merkel

Please call • Simple wills only • Certain income and asset restrictions may apply

Pama Wilson, Resident Services Coordinator, can also be reached at:
Queen City Towers: (301) 722-7977
John F. Kennedy Apartments: (301) 724-1544

Bible Study

John F. Kennedy

August 4th & 18th (6 p.m. to 7 p.m.)

Queen City Tower

August 5th & 19th (6 p.m. to 7 p.m.)

Blood Pressure Checks

Queen City Tower

August 3rd at 3 p.m.

August 17th at 2:30 p.m.

John F Kennedy

August 2nd 2:30 p.m.

August 16th at 3 p.m.

Allegany College Scholarship Deadline

If you are attending Allegany College, live in one of our communities and qualify for financial aid, the Housing Authority scholarship may be just for you. The scholarship picks up transportation, lunches and any expenses not covered by your Pell grant. You can pick up an application at the Housing Authority Office. Deadline to apply is Friday, August 11th.

Banneker Garden Residents

The next meeting of the Resident Council is scheduled for Thursday, August 3rd at 3:00 p.m. All tenants are welcome and are encouraged to attend.

Please keep in mind, the Resident Council does not handle complaints. Complaints must be made in writing and returned to the main office so that we may address them appropriately.

Mobile Food Give Away

Hope Station will have a mobile food give away on Saturday, August 5, 2017, beginning at noon. First come, first serve until gone. (Typically Produce). Folks have to sign their names, address, how many in the family, and break down by age.

HOPE Station
632 N Centre Street
Cumberland, MD 21502
Office: 240-362-7168

Back to School Maryland Tax Free Week for Shopping 8/13 - 8/19

Jane Frazier Summer Lunch Program

Sadly, we have been forced to end the free summer lunch program at Jane Frazier Village due to lack of resident participation. However, I would like to take the time to thank our dedicated volunteers: Amy, Diamond, Jessica and Corrin Beardsley, Kaylee Iser and Katelyn McKenney. These helpers showed up daily to serve lunches, track meals and clean up afterwards. The program, although short, would not have been possible without the help of these wonderful people.



Cumberland Housing Event and Activity Schedule

August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 TEFAP - Govt. Foods Arrive at Sites National Night Out 5:00 p.m. - 8:00 p.m. <i>Inspect JFK 6th Floor</i>	2 JFK Blood Pressure 2:30 p.m.	3 QCT - Job Specialist - 2 p.m. QCT-Hope Station - 2:30 p.m. QCT Blood Pressure 3 p.m. Exterminator QCT (AM - JFK (PM) 3:00 p.m. BG Resident Council Meeting <i>Inspect QCT 5th Floor</i>	4 JFK Bible Study 6 p.m. QCT PAF Collection 6 to 6:30 p.m.	5 Hope Station - Mobile Food Give Away Noon QCT Bible Study 6 p.m.
6	7 QCT PAF Collection 6 to 6:30 p.m.	8 <i>Inspect JFV Bldg 5</i>	9	10 QCT PAF Dist. 11:15 A.M. Exterminator JFV - Bldgs 7-17	11 Exterminator JFV 1-6 & BG	12
13	14	15 <i>Inspect FCH Bldg 7 Inspect BG 318 to 324</i>	16 JFK - Job Specialist - 2 p.m. QCT - Hope Station - 2:30 p.m. JFK Blood Pressure 3 p.m.	17 QCT Blood Pressure 2:30 p.m. Exterminator - FCH	18 JFK Bible Study 6 p.m.	19 QCT Bible Study 6 p.m.
20	21	22	23	24	25	26
27	28	29	30	31		

As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 20 days to complete the repairs.

JFV - Jane Frazier Village FCH - Fort Cumberland Homes JFK - John F. Kennedy QCT - Queen City Towers Inspect - Preventive Maintenance Insp