



Monthly Newsletter for June 2017

Exterminator Schedule

June 1 st	Queen City Towers – Morning John F. Kennedy – Afternoon
June 8 th	Jane Frazier Village, Buildings 7 – 17
June 9 th	Jane Frazier Village, Buildings 1 – 6 & Banneker Gardens
June 15 th	Fort Cumberland Homes

Crime Solvers Tip Line

301-722-4300

www.allegany-mineralcountycrimesolvers.com

Reminder Parents - Your children, grandchildren, etc., are not to be playing in the parking lots. If someone's vehicle gets damaged, you will be liable for it. Furthermore, for the safety of the child, they should not be playing in the parking lots.

Tobacco Education

With funds from the Allegany County Health Department and the Tobacco Restitution Fund, we were able to distribute Tobacco Education Materials to over 80 families. Of those families, we received 50 pledges from youth and adults who committed to providing a Smoke Free Home/Being Smoke Free!! We are so excited about this great response. Thank you for your commitment to being Smoke Free.

Update on the No Smoking Guidelines from HUD

Effective July 1, 2018, HUD has made it mandatory that all Public Housing sites will be Smoke Free. The smoke-free policy will also extend to all outdoor areas up to 25 feet from the public housing and administrative office buildings. The new rule from HUD also includes that **e-cigarettes will NOT** be allow in the apartments or outside either. Per HUD, this rule improves indoor air quality in the housing; benefits the health of public housing residents, visitors, and PHA staff; reduces the risk of catastrophic fires; and lowers overall maintenance costs.

Need Help to Quit Smoking?

Are you or someone you know trying to quit smoking? Did you know there are 2 FREE ways to quit? Just call the Allegany County Health Department at 301-759-5050 or Maryland's Quit line at 1-800-784-8669

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.



Game Night at Queen City Tower

Beginning on June 10th, the Resident Council's Activity Committee will be having a game night every Saturday evening from 7 p.m. to 9 p.m. in the community room. We will start off by playing Yahtzee and card games. We will also have available the following games: Checkers, Bible Trivia, Pokémon, Ten Commandments, and Reality. All residents are welcome to join in the fun!

Summer Picnics

Both John F. Kennedy and Queen City Tower's Resident Councils will be having a summer picnic on July 1, 2017. A sign will be posted in both hi-rise buildings with the times and what food will be provided by the Councils. A signup sheet will be posted on the first floor bulletin board for residents to sign who plan to attend. Residents are asked to sign the sheet by Friday, June 23, 2017, if you plan to attend the picnic. The councils are requesting you bring a covered dish or picnic food.

Guest Speaker for June **HRDC MAPS – Patricia Painter**

Queen City Tower
Thursday, June 8, 2017 at 2 p.m.

John F. Kennedy
Wednesday, June 21, 2017 at 2 p.m.

Patricia Painter, from the HRDC MAPS (Maryland Access Program), will be speaking to residents at Queen City Tower and John F. Kennedy about the upcoming "Hospital to Home Grant". Patricia will be introducing Kim Walker, the MAPS Transition Specialist, to the residents and will be explaining what the grant can do to assist residents who transition from hospital to home.

Bible Study – Queen City Tower **Starting Saturday, June 10, 2017** **6 p.m. to 7 p.m.**

The Cumberland Community Church will sponsor a "Bible Study" that will be held every other Saturday in the community room from 6 p.m. to 7 p.m. A signup sheet will be posted on the first floor bulletin board for those would like to attend. Everyone is welcome to attend at any time even if you do not sign up to attend!

Resident Council Meetings

Resident Councils Meetings at Queen City Tower and John F. Kennedy will not be held for the months of June, July, and August. They will resume in September.

Partnership For Affordable Foods (PAF)

(A lot of food for a small price!)

Queen City Tower will be collecting for the PAF program on **Tuesday, June 6, 2017, from 2 p.m. to 3 p.m., and on Wednesday, June 7, 2017, from 6 p.m. to 7 p.m.** in the community room. There is a \$7 donation in order to receive the food. Distribution will be on Thursday, **June 8, 2017**, at approximately 11:15 a.m. Residents who donate the \$7 must be in the community room by **11:45 A.M. on Thursday, June 8, 2017**, to pick up the PAF order or the items will be forfeited.

TEFAP – Free Government Foods

The food will arrive on Tuesday, June 6, 2017. It will be best to try to pick it up on June 7, 2017. The sooner you pick the food up after the 6th the better chances you have of being able to get the food. You can pick up the TEFAP at the sites listed below. Call first before going to make sure they still have food available

Dan Snyder, Hope Station, 632 N. Centre Street ...
240-362-7168 ... Monday through Friday, noon - 5 pm

Interfaith Food Pantry (HRDC Head Start Building),
301 Cumberland Street ...
301-707-4445 ... Monday through Friday,
10 am to 3 pm

Kitty, Salvation Army, 701 East First Street ...
301-777-7600 ... Monday through Friday 8:30 am to
11:45 am and 1pm to 3:30 pm

You will need to take with you your photo identification card or driver's license. You will need to sign a self declaration for proof of income and saying you will only get the food once a month from one agency. If you have any additional questions, please feel free to contact, Pama Wilson, Resident Service Coordinator.



Banneker Gardens

In cooperation with the Maintenance Department, Debra Brooks Property Manager and Jaime Thomas Resident Service Coordinator, Banneker Gardens now has a Trash Committee comprised of 3 tenants who volunteer their time. Stephanie Miller, Tracy Hamilton and Mary Hamilton have made a commitment to clean up trash in and amongst their development. They also encourage and guide others to do the same and to utilize the 2 new trash cans in place. This small group of dedicated people has already made a positive change in the appearance at Banneker Gardens. This simple step is a great way to take pride in where you live. Thank you ladies for all that you do! Imagine what could be accomplished together if we combined our efforts to keep good things happening at Banneker Gardens!

With that in mind, check your mail for a letter concerning the formation of a Resident Council. At move in, each household signed an agreement that you will actively participate in a Resident Council. We will be scheduling 2 meetings in the near future. Please be sure to attend one of the meetings. A Resident Council is a way to bring tenants together to discuss common concerns and to plan activities and events for your development that are organized and fair. The agreement also stated that you are responsible for weeding and watering your personal flower beds. Let's all do our part in maintaining these beautiful flowers that was planted in the flower boxes. The flowers are perennials, which mean they will return every year if maintained properly. If you have any questions please contact Jaime or Debra. We appreciate your cooperation with this matter. Let's keep things looking good! 😊

Jane Frazier Village and Fort Cumberland Homes

The Maintenance Department, Property Manager's Janet Powell and Debra Brooks and Resident Service Coordinator Jaime Thomas are currently recruiting volunteers to help pick up trash at JFV and FCH as well. Our goal is to have at least one person from each row who is willing to help keep their common area clear of trash. This may also qualify for Community Service if you are in need of hours and there will be incentives offered. Please call Jaime at 301-724-6606 ext 105 or if you are interested in improving the appearance of your neighborhood.

Free Summer Lunch Program

Free Summer Lunch Program will begin at Jane Frazier Village on June 12th. We are in desperate need of parent/teen volunteers to help distribute lunches here this summer. We must have reliable helpers on weekdays from approximately 12-1. Without your help, this free lunch program will not be able to continue. To sign your child up for free lunch or to volunteer, please call Jaime at 301-724-6606 ext 105.

Summer Lunch at Fort Cumberland Homes will begin on June 19th. Lunches will be served at the playground Monday through Friday at 12 Noon.



There will be fun activities to accompany the Summer Lunch Program this year. Stay tuned for details.

Community Garden Opening

We would like to thank all of those who made the Community Garden Opening on Somerville Avenue possible this year. We had a phenomenal turnout. Jaime Thomas serves as the Garden Manager. Much appreciation goes out to the following groups and individuals who made it possible:

WMHS

Cumberland Community Church (Shawn Pifer, Tim and Judy Hodel)

Cumberland YMCA

Salvation Army

University of MD Ext.- Master Gardeners

Terri Jessie and Family

Patty Fetters and Deidre Waites

Drae Brooks

Emerial Bridges

Cub Scout Pack 29



Notice to Residents **Natural Gas Safety Rules**

*Natural gas, like all forms of energy and like many other products found in the home, is capable of doing damage and **MUST** be used properly. Here are some facts everyone should know about gas and gas operated equipment from a safety point of view.*

Gas Accidents can be avoided when you follow these safety rules:

1. Teach children that they are not to turn on or light appliances
2. Keep combustibles (curtains, paper, fluids) away from any open flames.
3. If lighting is required- always light match first and hold it at point of lighting before you turn on gas.
4. Keep burning surface clean of dirt, match ends, grease, etc.
5. Repair and installation is a job for experts. Never attempt to do it yourself.
6. Use equipment for the job it was intended to do - for example, an oven should NOT be used to heat a room.

Gas appliances, equipment and transmission lines are safe and are constantly being tested and improved. However, it is possible through misuse or accident to have a GAS LEAK. Your senses can help you to discover a gas leak.....

>SMELL - A distinctive odor has been added to natural gas so that less than 1% of gas in the air can be detected.

>SIGHT - in some appliances you can see the flame so you know it is working

>TOUCH - with some appliances you can feel overheating or cold in the burner area which would indicate trouble.

> HEARING - If the flame sounds unusually noisy, it may not be burning properly.

IF YOU DISCOVER A GAS LEAK...

OPEN WINDOWS and doors to dilute the gas to safe levels

AVOID FLAME and operating of electrical equipment

NEVER LIGHT a gas appliance if an odor of gas is present

If odor is extremely strong, EVACUATE BUILDING! Call for help from a neighbor's home

CONTACT a qualified person to turn gas back on and relight appliances

THE PLACE TO CALL....HACC MAINTENANCE....301-724-2055

Outreach Questionnaire for Family Developments

Would you be interested in information or a class on:

- | | | |
|--|--|---|
| <input type="checkbox"/> Balancing a Checkbook | <input type="checkbox"/> Bible Study for Beginners | <input type="checkbox"/> Budgeting |
| <input type="checkbox"/> Community Gardening | <input type="checkbox"/> Cooking | <input type="checkbox"/> Healthy Food Choices |
| <input type="checkbox"/> Parenting Skills | <input type="checkbox"/> Stop Smoking | <input type="checkbox"/> Shopping on a Budget |
| <input type="checkbox"/> Weight Loss Management
(groceries) | <input type="checkbox"/> How to Purchase a Home | <input type="checkbox"/> Homebuyer Education |

What would you be interested in? _____

*We may not be able to offer information on all suggestions but our goal is to bring you information to help you with everyday life and to promote a healthier and more productive you. Thank you for giving us the opportunity to help.



